

Did you know that my guidance counselor talks to my teacher and my mom and dad about:

- ✓ How I get along with my classmates?
- ✓ How I help me be my real self?
- ✓ How I am doing with my school work?
- ✓ How I get along with my brothers and sisters?
- ✓ Me as a very special person?



Did you know that my guidance counselor:

- ✓ Talks to me when I am happy?
- ✓ Talks to me when I am sad?
- ✓ Talks with me about my school work?
- ✓ Talks with me about myself and others
- ✓ Talks with kids' moms and dads?
- ✓ Helps groups of boys and girls
- ✓ Lets me visit in her office when I need to?



...You must first teach a child he is loved. Only then is he ready to learn everything else.

Did you know that there are many ways to see a Guidance Counselor?

- I can ask to go to his/her office.
- My teacher can send me.
- Mom and Dad can ask me to go.
- The guidance counselor can ask me to visit.



School Counseling Curriculum

Ms. Bean and Mrs. Lane do Guidance Classes for all classrooms PK-5.

Academic:

- Goal Setting
- Organization
- Test Taking Strategies

Personal/Social-

- Bullying
- Conflict Resolution
- Making and Keeping Friends
- Leadership
- Safety
- Health/Wellness

Career

- Explore Careers/Interests
- Self-awareness
- Working in Groups
- Time Management



What does an Elementary Counselor do?

Social and Emotional wellness is key to academic success. My job is to support your child in this need so that they can be their best self, both academically and socially. I do so in numerous ways. These include:

- One on One or Group sessions to help with any social, academic, or family issue your child is having.
- Teach Classroom Guidance lessons to your child.
- Supports teachers with any needs they have with students.



Contacting The School Counselor

The best way to contact is through email as during the day I could be in the classroom or with students.



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915-926-4600-campus

915-926-4640 Ms. Bean

915-926-4697 Mrs. Lane

What Can the School Counselor Do for my child?



Frank Macias Elementary



Diana Bean & Lori Lane
School Counselors